Boo Oil and Salve is combination of 43+ essential oils blended to just the right portions derived from great grandfather and grandfathers herbal knowledge and research that goes back to BC. These oils are known for their anti-bacterial, anti-inflammatory, antiseptic, anti-infection, anti-spasmodic, and other qualities. It’s also known circulation simulators, decongestants, immune system strengtheners. We and our customers have used it on respiratory situations, headaches, allergies, bruising, sprains, pulled or muscle pains, bug bites, bee stings, rashes, scars, arthritis, poison ivy, oak, sumac, diabetic sores, cuts, scrapes, arthritis, spider veins, blisters and most any other ailments we or you think of as the list grows on and on as it seems to help most any aliment if used continually. And Frank says it even grows hair! Rub on directly. The first few days of use 4 or 5 times after that as needed, or try a few drops in hot bath for the ultimate healing and or relaxing pleasures....Feel a cold or flu coming soak feet for 15 min. or till water cools with water as hot as you stand then roll it on your feet and chest. Cover with socks and or a shirt to simplify the symptoms... We can only make our claims according to folklore as we are not qualified medical authorities or practitioners. It’s the “Natural Oil” for external use only. Happy Healing! Do not use if pregnant. . The Original Boo Boo Oil and Salve is a combination of 43+ essential oils blended to just the right portions derived from great grandfather and grandfathers herbal knowledge and research that goes back to BC. These oils are known for their anti-bacterial, anti-inflammatory, antiseptic, anti-infection, anti-spasmodic, and other qualities. It’s also known circulation simulators, decongestants, immune system strengtheners. We and our customers have used it on respiratory situations, headaches, allergies, bruising, sprains, pulled or muscle pains, bug bites, bee stings, rashes, scars, arthritis, poison ivy, oak, sumac, diabetic sores, cuts, scrapes, arthritis, spider veins, blisters and most any other ailments we or you think of as the list grows on and on as it seems to help most any aliment if used continually. Rub on directly. The first few days of use 4 or 5 times after that as needed, or try a few drops in hot bath for the ultimate healing and or relaxing pleasures....Feel a cold or flu coming soak feet for 15 min. or till water cools with water as hot as you stand then roll it on your feet and chest. Cover with socks and or a shirt to simplify the symptoms... We can only make our claims according to folklore as we are not qualified medical authorities or practitioners so we can make no medical claims.. BUT 1000'S OF PEOPLE CLAIM HOW IT WORKS FOR MOST ANYTHING! . It’s the “Natural Oil” for external use only. 'Do NOT use if pregnant.